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Home > Partnering with Athleta!

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Click on PDF link for printable flyer with graphics:

Happily Whole, Athleta Flyer, Oct 25.pdf [1]

The season's upon us to...

Fall in Love with Living Well

Come to Northbrook Court Athleta [2] for a morning of healthy inspiration!

Saturday, October 25

9am-10am (before store opens)

Yoga Flow (9am-9:25) **Please bring your yoga mat!

Taste some Nourishing, Gluten Free Fall Recipes (9:25-9:45)

Private Shopping Experience. With purchase of \$100, receive a FREE GIFT from Athleta! (9:45 to 10am)

Be inspired to live well from the inside out

Meet Katie Oldham, Wellness Coach, Yoga Instructor, Writer, Presenter, Creator of Happily Whole

Visit <u>www.livinghappilywhole.com</u> [3]

Real food recipes. Refreshing fitness. Inspired living.

Here's a link to the Northbrook Athleta Location [2]

Source URL: https://www.livinghappilywhole.com/articles/fitness-articles/partnering-athleta

Links

[1]

 $https://www.livinghappilywhole.com/sites/default/files/Happily\%20Whole\%2C\%20Athleta\%20Flyer\%2C\%20Oct\%2025. \\ pdf$

- [2] http://stores.athleta.net/store-7079/
- [3] http://www.livinghappilywhole.com/